



## Remote Music Enrichment Group Program *For Children*

### ***Movement and Music***

***This program is great for...***

**Families that are:**

- looking for constructive, purposeful, and yet FUN and ENERGETIC experiences for their child/children

**Children that are:**

- particularly motivated by, interested in, or enjoy exploring music
- feeling the impacts of physical isolation restrictions
- needing breaks to be able to progress more easily through their required tasks and online school work
- apt to enjoy engaging with a different adult figure and new peers

**Parents and caregivers that are:**

- needing a short break or respite from the attention of their child/children
- looking to provide a positive outlet for their child/children's energy

### **Movement and Music**

**Children in Groups: Ages 4 – 7, and Ages 8 – 11**

Children can participate in a fun-filled half hour of LIVE music and movement. Structured movement experiences will range from releasing energy through dancing to incorporating calming strategies through relaxation and stretching. Music will be themed each week, and will use a variety of popular tunes and original music designed to best facilitate targeted movement. No prior music experience necessary. Sessions are facilitated by a nationally board certified music therapist.

**Spring 2020 Section:**

Dates: May 14, 21, 28, and June 4  
Ages 4 – 7: Thursdays at 11 – 11:30am  
Ages 8 – 11: Thursdays at 1 – 1:30pm

**Summer 2020 Section I:**

Dates: June 24, and July 1, 8, 15  
Ages 4 – 7: Wednesdays at 11 – 11:30am  
Ages 8 – 11: Wednesdays at 1 – 1:30pm

### **High Quality and Affordable!**

At only \$20 per weekly session, registration is required for the full 4-week program.

1. Register to receive access to LIVE weekly sessions.
2. Complete new client paperwork: parental consent, etc.
3. Attend sessions using one login account per client family.

**Don't Miss Out on this Great Introductory Rate!**

- *55% discount* compared to our private services customized for your child and family
- Client accounts will be billed upon registration with payment due by the last session date
- Payments are accepted by check while online credit card payment is still in development
- There is NO additional cost for multiple siblings attending on one client account!
- Registration closes 24hrs prior to the second scheduled session of each section.
- Space is limited, no refunds for missed sessions.

**Contact Us to reserve your spot today!**

**(440) 290-9883**

**Lucy@soundinspirationsmt.com**

Learn more about all of our services at [www.SoundInspirationsMT.com](http://www.SoundInspirationsMT.com)



*Sound Inspirations*  
MUSIC THERAPY, LLC



## Remote Music Enrichment Group Program *For Teens*

### ***Creative Music-Making***

***This program is great for...***

**Families that are:**

- seeking a way to foster their teen's love of music into a positive and healthy emotional outlet
- looking for a way their teen can engage in music that is not based on voice or instrument performance

**Teens that are:**

- particularly motivated by, interested in, or enjoy exploring music
- connected to music in a meaningful way and are curious about that
- wanting to develop their own sense of musical creativity, without learning to read music or sing
- feeling the impacts of physical isolation restrictions, and seek a sense of belonging with peers

**Parents and caregivers that are:**

- interested in fostering a creative avenue for their teen to channel their lived experiences in a positive way
- encouraging different brain stimulating activities that are of interest to their teens and don't require screen time

### ***Creative Music-Making***

**Teen Group: Ages 12 – 15**

Have you ever been curious about how popular songs are created? Have you ever wondered why a musical artist decided to sing about THAT topic? Participate in a four-week series of half-hour sessions where you will have opportunities to explore your creative curiosity and even participate in the creative process yourself. Through hands-on discussion and guided lyric creation, you will have the opportunity to learn to create your own lyrics for your own song, incorporating your preferred musical style when possible. Prior musical experience is not necessary. Sessions are facilitated by a nationally board certified music therapist.

**Spring 2020 Section:**

Dates: May 19, 26, and June 2, 9  
Ages 12-15: Tuesdays at 11 – 11:30am

**Summer 2020 Section I:**

Dates: June 23, 30, and July 7, 14  
Ages 12-15: Tuesdays at 11 – 11:30am

### **High Quality and Affordable!**

At only \$20 per weekly session, registration is required for the full 4-week program.

1. Register to receive access to LIVE weekly sessions.
2. Complete new client paperwork: parental consent, etc.
3. Attend sessions using one login account per client family.

**Don't Miss Out on this Great Introductory Rate!**

- *55% discount* compared to our private services customized for your teen and family
- Client accounts will be billed upon registration with payment due by the last session date
- Payment accepted by check while online credit card payment is in development
- There is NO additional cost for multiple siblings attending on one client account!
- Registration closes 24hrs prior to the second scheduled session of each section.
- Space is limited, no refunds for missed sessions.

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