

Upcoming Events: September 2018

Music enrichment opportunities for adults and seniors

MUSIC FOR FUN! – MUSIC ENRICHMENT PROGRAMS

This FREE live music interactive group is meant for seniors to find joy in music-making in a positive social setting that encourages incorporating music experiences into your daily life.

- **Chardon Senior Center** 10:30am-11:30am on the **2nd & 4th Fridays** each month:
 - **September 14 & 28; October 12th & 26th of 2018**
- **Saybrook Landing Health & Rehabilitation** 2 – 3pm, **Friday, September 21st 2018**
 - Located at 2300 Center Road Ashtabula, Ohio 44004
- **Willoughby Hills Senior Apartments** 2 – 3pm on **Friday, September 28th 2018**
 - Located at 35100 Chardon Rd Willoughby Hills, OH 44094
 - Sponsored by Brookdale – Willoughby

MUSIC FOR RELAXATION – LIBRARY TUESDAYS BY MORLEY LIBRARY

Join us for a moment of mindfulness as we learn about and experience using music to enhance relaxation and meditation. Take away ideas of how you can do this on your own. No musical skills required! This event is designed to enhance our health through our connections to music. Please register with the Concord Community Center (440) 639-4650

- **Concord Community Center** 10am – 11am on **Tuesday, September 25th 2018**
 - Located at 7671 Auburn Road Concord, OH 44077

LEARN MORE AT OUR RESOURCE TABLE

Come check out these local events where you can ask questions, learn more about our services, and meet owner, Lucille Cimino at our resource table.

- **Senior Day at Lake Farmpark** from 9am – 1pm on **Thursday, September 13th 2018**
 - Located at 8800 Euclid Chardon Rd (Rt 6) Kirtland, OH 44094
- **End of Summer Bash** from 1 – 4pm on **Saturday, September 22nd 2018**
 - **Brookdale - Richmond Heights** 3 Homewood Way Richmond Hts, OH 44143

PIANO LESSONS

It's never too late to learn how to play the music you love! 30 min private individual lessons are adapted to your learning style & desires for a most rewarding and successful experience.

- Register now at **Willoughby Senior Center** and **Kirtland Senior Center**

Like us on Facebook to see updates for upcoming events!

Find us on 

@soundinspirationsmt



For more information call (440) 290-9883 or email Lucy@SoundInspirationsMT.com